

"It takes too much time and trouble to fasten my safety belt."



Now there's a fairy tale that's an earful.

"Maybe safety belts are a good idea. But if I don't wear them, I'm the only one who will get hurt. So, it's my problem."



Wrong! Wrong! Wrong!

If you're not wearing safety belts a sudden stop, swerve, or crash could throw you into other passengers. That hurts them ... and you.

If you're driving, you could be stunned or knocked away from the wheel in a minor crash. How would you keep your out-of-control car from hitting something ... or someone ... else?

But other people can get hurt, too. What about the people who care about you ... your family, your relatives, your friends?

If you are seriously hurt or killed in an automobile crash, it's not your problem anymore. You become *their* problem.

Is that fair? How would you like someone you love to do that to you?

Think about that. If you won't wear your safety belt for yourself, won't you do it for them?

We'll live forever. You won't. So do all you can to stay healthy and live longer. **BUCKLE UP.**



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How MANY OF THESE FAIRY TALES HAVE YOU BEEN TOLD?

A Coloring Book with Adult Ideas

"I don't need a safety belt when I'm traveling at low speeds or going on a short trip."



You can't believe every story flying around these days.

The truth is that all driving can be dangerous, and you never can know when something will happen.

More than 8 out of every 10 crashes happen at speeds less than 40 mph. And people not wearing safety belts have been fatally injured in crashes at speeds as low as 12 mph. That's about the speed you would be driving in a parking lot.

So, no matter how slow you might be driving or how far you might be going . . . you're a lot safer if you buckle up.

"I'm uncomfortable when I wear a safety belt. Besides, it might hurt me."



That's a slippery excuse for not wearing a safety belt.

Lap belts usually are very comfortable. They adjust to fit any shape and they keep you from slouching. This means you won't get tired so quickly.

If you have an older model car with separate lap and shoulder belts, the shoulder belt may be a little uncomfortable, especially if you are shorter than average. But the combined lap and shoulder belt systems on recent model vehicles fit much better. They also are designed to let you reach easily all the vehicle controls.

What about being hurt by safety belts? Well, some people have reported being bruised by their safety belt as it kept them from being thrown into the dashboard or out of the car. They felt very lucky. Wearing a safety belt will almost guarantee less severe injuries or no injuries at all. Just be sure your belt is worn properly.

Try wearing your safety belt for a few days. You'll find it is very easy to get used to. You'll also find that you feel safer and more comfortable.

"I might be saved if I'm thrown clear of the car in a crash."



Rubbish!

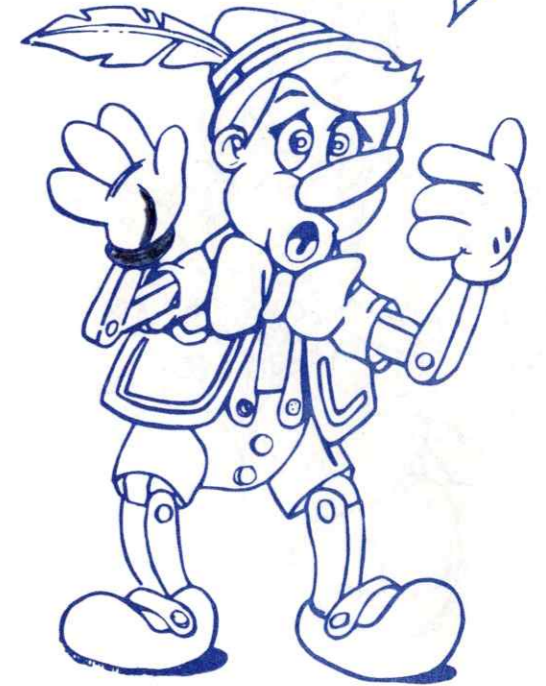
The fact is that your chances of being fatally injured are almost 25 times greater if you're thrown from the car.

Why? Because it's not easy to get out of the car. You have to go through the windshield or the side windows . . . and that's going to hurt even a tin man! Once you are out of the car and sailing through the air, you face your next problem . . . your landing spot. But without wings, you really don't have a choice.

So how will safety belts help you? They will hold you snugly in your seat so that you don't

- plunge through the windshield;
- smash into trees or rocks or other cars;
- scrape along the ground or the pavement; or
- get run over by your own or another car.

"If I wear a safety belt, I might be trapped in a burning or submerged car."



Fiddlesticks!