

The Prince George's County Fire Department has been involved in training the community in Cardiopulmonary Resuscitation (CPR) for many years. In the summer of 1984, the Fire Department, with the support of the County Executive, Parris N. Glendening and County Council, developed and implemented a CPR Public Education Program. From 1984 through 1993, the program has been successful in training over 260,000 citizens.

In the fall of 1987, the Fire Department recognized that for the CPR Public Education Program to be successful, the overall public awareness of the need for CPR training would have to be raised and sustained. One way to accomplish this would be to hold a mass CPR training day, with the objective of training several hundred people in CPR at no cost to the students.

Last year on April 17, 1993, the sixth annual CPR Awareness Day was held in Prince George's County; 2,002 citizens received training on this day. Over 300 instructors and staff donated their time to make this event possible. The event was sponsored by donations from over fifty organizations and brought together the resources of many organizations which included the Fire Department, Prince George's County Public Schools and Doctors Community Hospital. Since April of 1988, six CPR Awareness Days have been held, and over 6,700 citizens have received training at these events.

The Baltimore County Fire Department and Montgomery County Department of Fire and Rescue Services have held similar events and several other jurisdictions have made inquiries about how to hold a program of this type. As a result of this interest, the concept of holding a program which would benefit citizens throughout the State of Maryland -- CPR Across Maryland was developed. The goal for this program is to have all 23 counties and Baltimore City host free CPR training programs on Saturday, April 16, 1994. This program has the potential to train thousands of citizens statewide on a single day.

The following organizations are currently coordinating local events.

Allegany Community College  
Anne Arundel County Fire Department Training Academy  
Baltimore County Fire Department, Fire and Rescue Academy  
Northwest Hospital Center  
Baltimore City Community College  
Calvert Memorial Hospital  
Caroline County Division of Emergency Management  
Carroll Community College  
Kent & Queen Anne Hospital  
EMS of Cecil County  
Waldorf Rescue Squad  
Charles County Community College  
Dorchester General Hospital  
Frederick Memorial Hospital  
Garrett County Memorial Hospital  
Harford Community College  
Howard County General Hospital  
Kent & Queen Anne Hospital  
Montgomery Fire & Rescue, Emergency Medical Services  
Prince George's County Fire Department  
Southern Maryland Hospital  
St. Marys Hospital  
Memorial Hospital at Easton  
Washington County Hospital  
City of Salisbury Emergency Medical Services  
Ocean City Emergency Medical Services

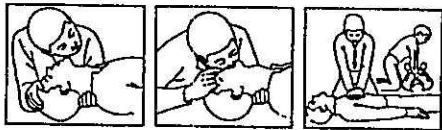
Sessions will last approximately three (3) hours and are free to the public. The sessions will include: information on heart disease, risk factors, access the EMS System, signs and signals of a heart attack, mouth to mouth breathing, one person adult CPR, and care for a conscious or unconscious choking victim. Classes will follow the guidelines of the American Heart Association. For information on times and locations of these sessions individuals can call 1-800-488-4CPR

The state-wide event is being co-sponsored by American Heart Association Maryland Affiliate, Inc., MIEMSS and Prince George's County. Instructors are needed in all Counties throughout the State. Individuals who are interested in assisting or need more information, should contact Steve Ager, CPR coordinator, Prince George's County Fire Department at 301-772-9076.

YOU CAN LEARN

# CPR

Cardiopulmonary Resuscitation



**CPR Saturday  
November 20**

9A.M. - 1P.M. or 2P.M. - 6P.M.

There is a site  
in your neighborhood.

Registration, November 4-15

**call 889-7CPR**

or your County Red Cross office

\$2.50 covers  
all course materials

Co-sponsored by the Baltimore  
Regional Red Cross and WMAR  
television, in cooperation  
with the Maryland Institute  
of Emergency Medical Services  
Systems and the American Trauma  
Society, Maryland Division.

**LEARN IT,  
USE IT,  
SAVE A LIFE.**