

2026



WINTERFEST

EMS CONFERENCE

January 30th - February 1st

EASTON, MD

winterfest@talbotdes.org

PRE-CONFERENCE AGENDA

Registration required

THE S.T.A.B.L.E. PROGRAM

Date/Time: Friday, January 30, 2026 | 0800 – 1630 **Fee:** \$50/person **Credit(s):** 7.75 hours (5.5 hours in person, 2.25 hours REQUIRED online) – Medical/Pediatric

Location: Chesapeake College Health Professions and Athletics Center (HPAC), 1000 College Circle, Wye Mills, MD 21679

Description: When newborn infants become ill and require specialized care, each member of the health care team must know what to do in a timely and effective manner. S.T.A.B.L.E. is a neonatal education program focusing exclusively on the post-resuscitation/pre-transport stabilization care of sick infants. This early transitional care affects not only the infant’s immediate health, but the long-term outcome as well. Education in stabilization beyond resuscitation is critical to the mission of reducing infant mortality and morbidity. [Required: Two (2) hours of online learning must be completed 72 hours prior to attending the course. Online learning instructions will be provided upon receipt of registration and cost covered by Maryland EMSC.]

MOBILE INTEGRATED HEALTH

Date/Time: Friday, January 30, 2026 | 0800 – 1700 **Fee:** \$50/person **Credit(s):** 6 Medical

Location: Chesapeake College Health Professions and Athletics Center (HPAC), 1000 College Circle, Wye Mills, MD 21679

Description: As Mobile Integrated Health (MIH) continues to grow as a vital component of community-based healthcare, this full day pre-conference offers a unique opportunity to connect with fellow providers, share best practices, and explore innovative approaches to patient care beyond the traditional 9–1–1 system. Attendees will have the opportunity to participate in engaging educational lectures focused on current trends, clinical topics, and the evolving role of MIH in today’s healthcare landscape. Whether you’re a seasoned MIH professional or just beginning to develop your program, your participation will help strengthen collaboration and advance the future of integrated healthcare across our region.



Scan QR code

to register for

Winterfest EMS

ONLINE!

CONFERENCE AGENDA: DAY 1

Saturday, January 31, 2026
Easton High School, Easton, MD 21601

0730 – 0800 Registration

0800 – 0845 Welcome to Winterfest EMS with Dr. Ted Delbridge (0.75)

Ted Delbridge, MD, MPH, FACEP, Executive Director, MIEMSS

MIEMSS Executive Director Dr. Ted Delbridge will welcome attendees to Winterfest EMS 2026, highlighting some of the latest trends in emergency medical services throughout the state of Maryland as we move into 2026 and beyond.

0845 – 0945 From Scene to Scanner: Effective Trauma Assessment in Prehospital Care (1 Trauma)

Tiffany Kuebler, PA

The trauma assessment is a series of tools and abbreviations that EMS clinicians utilize every day in their career. How can we better improve the steps we take to complete a trauma assessment? How can we evaluate the data we gather from our physical findings and tools to better serve our patients? What is the best way to communicate this information to the clinicians and staff we transfer care to? Tiffany Kuebler, PA, will provide insight on the trauma assessment and patient report through the lens of the R Adams Cowley Shock Trauma Center.

0945 – 1000 Break with the Exhibitors

1000 – 1100 Red Flags in Small Packages: Recognizing Child Abuse in the Field (1 Pediatric)

Cindy Colson, DNP, CPNP-AC/PC, Nurse Practitioner, Child & Adolescent Protection, Children's National Hospital

Children can't always tell their story – but their bodies and behaviors often do. This session equips EMS clinicians with practical tools to recognize potential signs of child abuse during field encounters. We'll cover red flags, the “TEN-4-FACESp” rule, and subtle clinical and situational cues that may indicate maltreatment. Through real-world case studies and field-tested tips, you'll learn how to sharpen your assessment skills, document effectively, and play a crucial role in protecting vulnerable children.

1100 – 1115 Break with the Exhibitors

1115 – 1215 Survival After Submersion: From Low-Tech to High-Tech Care (1 Medical)

Mary Alice Vanhoy, MSN, RN, CEN, CPEN, NRP, FAEN

Submersion is defined as the process of experiencing respiratory impairment from submersion or immersion in liquid (usually water). This liquid produces a hostile environment to the body which can be underestimated by the victim and the health care team. Early recognition and intervention are vital, beginning with low-tech basic care and progressing to advanced high-tech care.

1215 – 1300 Lunch (included with registration)

1300 – 1430 Breakout Sessions

1430 – 1500 Break with the Exhibitors

1500 – 1630 Breakout Sessions (repeated)

🌀 DAY 1 BREAKOUT SESSIONS 🌀

A What You and Your Dentist Have in Common (1.5 Toxicology/Environment)

Phil Davis, Clinical Education and Resource Manager, MASINO Corporation, Deputy Chief of Cosumnes Fire Department (Ret.)

Known as the “silent killer”, carbon monoxide (CO) is an odorless, tasteless, and colorless gas. CO poisoning can affect patients and first responders alike on scenes where it’s undetected, often creating mass casualty incidents. Explore the identifications of CO emergencies, the use of EMS equipment to establish baselines and abnormal CO readings, and the steps towards safety that first responders can take in these events.

B An Ounce of Prevention (1.5 Medical)

Thomas Chiccone, MD, Jurisdictional Medical Director, Talbot County Dept. of Emergency Services (Ret.)

At current state-level vaccination rates, measles may become endemic once again. With an under a 50% decline in US childhood vaccination rates, simulation models predict (over a 25-year period): 51.2 million measles cases, 9.9 million rubella cases, 4.3 million poliomyelitis cases, and 197 diphtheria cases, resulting in 10.3 million hospitalizations, and 159,200 deaths. This session will review the once-uncommon measles and poliomyelitis in depth, and include a bonus unrelated EMS case presentation: when clinicians substantially disagree on patient management.

C Stop the Bleed® (1.5 Trauma)

Rachel Cockerham, Community Health Specialist, University of Maryland R Adams Cowley Shock Trauma Center

Developed by the American College of Surgeons, the Stop the Bleed® course has taught over 4 million people how to stop life threatening bleeding due to severe injury. The University of Maryland R Adams Cowley Shock Trauma Center’s mission is to ensure that all Marylanders know these lifesaving steps and be able to act when the time comes. This dynamic and interactive class will provide participants with the essential knowledge and skills to effectively manage severe bleeding in emergency situations. We will discuss the importance of quickly assessing the scene and mitigating life-threatening bleeding to save someone’s life.

D Critical Breaths: Managing Pediatric Airway Emergencies (1.5 Pediatric)

Maryland EMS for Children Program Faculty



When every second counts, airway mastery makes the difference. In this fast-paced, hands-on session, EMS clinicians will sharpen their pediatric skills with bag-mask ventilation and airway adjuncts. The session will also address one of the scariest scenarios – foreign body obstruction – covering suctioning and removal techniques so EMS clinicians are ready when the airway is anything but clear.

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CONFERENCE AGENDA: DAY 2

Sunday, February 1, 2026

Easton High School, Easton, MD 21601

0800 – 0815 Registration

0815 – 0830 Welcome

0830 – 1000 Breakout Sessions

1000 – 1015 Break with the Exhibitors

1015 – 1145 Breakout Sessions (*repeated*)

1145 – 1230 Lunch

1230 – 1330 From the Chesapeake to the Chamber: Field Care of Dive Injuries (*1 Environmental*)

C. Patrick Lombardi, RN

Dive and water-related emergencies are rare, but when they happen, early decisions can dramatically change outcomes. This session will explore field management and transport considerations for decompression sickness, arterial gas embolism, drowning, and water submersion injuries. Designed for frontline clinicians, this session emphasizes physiology that matters, decisions that count, and actions that get patients to the right care – fast.

1330 – 1345 Break

1345 – 1445 What a Roller Coaster After Winning the Lifelong Lottery: A Journey Through Highs and Lows of Emergency Services (*1 Medical*)

Scott H. Wheatley, BS, NRP, FOIV, MICRB

At the end of this presentation, students will understand the emotional and physical “trauma and stress” that can unknowingly attach themselves to and control EMS and Fire clinicians over the course of their career, and how that trauma and stress can destroy and impact everything around them.

1445 – 1500 Break

1500 – 1600 Chemical Weapons (*1 Trauma*)

Melany Hughes, MD, MPH, FACS

This presentation will provide an overview of chemical weapons as a subset of weapons of mass destruction, detailing their classification, mechanisms of action, and medical implications. It will introduce the five primary types of chemical agents – choking, blister, blood, nerve, and riot control agents – and explain their physiological effects, routes of exposure, and associated health risks. It will highlight the acute and life-threatening nature of chemical weapon injuries, with emphasis on the clinical manifestations and pathophysiology of agents such as phosgene, mustard gas, cyanide, and nerve agents. It will also address the principles of medical management, including decontamination, supportive care, and specific antidotes (where applicable). Case-based questions will help to reinforce key concepts, illustrating real-world scenarios and appropriate therapeutic interventions. The presentation will underscore the importance of preparedness, rapid recognition, and appropriate response to chemical weapon incidents, referencing international efforts for chemical weapons prohibition and the ongoing threat posed by these agents in both warfare and civilian contexts.

🌀 DAY 2 BREAKOUT SESSIONS 🌀

A **Managing Edible Cannabis Exposures in Children** (1.5 Pediatric)

Brian Schultz, MD, Medical Toxicology & Pediatric Emergency Medicine, The John Hopkins Children's Center

With the growing concern of pediatric cannabis edible ingestion, EMS must focus on recognition, treatment, and prevention. Learn to identify signs and symptoms of overexposure, understand the unique physiological impacts on children, and explore best practices for interdisciplinary management in prehospital and clinical settings. This session will highlight strategies to mitigate risks and improve outcomes in this vulnerable population.

B **All About Alternative Destinations** (1.5 Medical)

Rebecca Bonner, NRP, and Ashley Kearney, NREMT

You have a gnawing toothache, activating 9-1-1 to be transported by EMS to be seen for the pain. When deciding your transport destination, you are advised the wait time on the EMS stretcher while at the hospital is at least two hours. What are your other options? Is there somewhere closer that can help you be seen faster? Come explore the different alternative destinations options that are available locally on the Eastern Shore and learn about how the only county in the state without a hospital or freestanding ER has successfully implanted and expanded the scope of alternative destinations.

C **PEA Management: Beyond ACLS** (1.5 Cardiology)

Eric Klotz, DO, Jurisdictional Medical Director, Talbot County Dept. of Emergency Services

Pulseless Electrical Activity, or PEA, has been the catch-all wastebasket of cardiac arrest for years now with no distinct management. Unfortunately, this leads to a variety of reversible causes of arrest being under-recognized and under-managed. A new approach has been developed that integrates cardiac rhythm interpretation, ultrasound, and end-tidal CO₂ monitoring to produce a comprehensive evaluation and management of an underappreciated subset of cardiac arrest patients.

D **Two Patients, One Crisis: EMS Response to Maternal Emergencies** (1.5 OB/GYN)

Stephanie King, MSN, RNC-OB, C-EFM, and Micah Rowlands, BSN, RN, C-EFM

Maternal emergencies present a unique and urgent challenge for paramedics, requiring rapid recognition, decisive action, and coordinated care to protect not just one life – but two. While relatively uncommon in the field, complications such as severe hypertension, eclampsia, hemorrhage, and cardiac arrest in pregnancy demand specialized knowledge and skills beyond standard adult protocols. Emergency medical services are often the first point of contact in these

critical events, and the ability of clinicians to adapt interventions to the physiologic and anatomic changes of pregnancy can significantly influence outcomes for both mother and infant.



QUESTIONS?

Email Winterfest EMS at

winterfest@talbotdes.org



CONFERENCE DETAILS

Location

Easton High School, 723 Mecklenburg Avenue, Easton, MD 21601

Winterfest EMS will be held at Easton High School, Easton, MD 21601. The S.T.A.B.L.E. Program and Mobile Integrated Health will be held at Chesapeake College Health Professions and Athletic Center (HPAC), 1000 College Circle, Wye Mills, MD 21679.

Payment and Cancellation Policy

Preregistration is required. We request that registrations be submitted by **Friday, January 9, 2026**.

Walk-in registrations will not be accepted. In the event that payment is not readily available from the registrant's department, registration forms must be submitted with a letter of intent to pay on department letterhead. Invoices and receipts are available upon request. All online registrations will have an invoice with payment instructions sent to the email provided.

All students must be paid in full prior to Winterfest. Returned checks are subjected to a fee. Any student with an outstanding balance from any previous Winterfest will not be allowed to participate until their account is paid in full.

Speakers and topics are subject to change.

- *Cancellation prior to Friday, January 9:* Cancellation for any preconference event or conference day prior to Friday, January 9, 2026, will be refunded fully with no processing fee.
- *Cancellation between Friday, January 9, and Thursday, January 22:* Cancellation of any preconference event between Friday, January 9, and Thursday, January 22, 2026, will be refunded 50%. Cancellation of any weekend conference day between Friday, January 9, and Thursday, January 22, 2026, will be refunded less a \$25 processing fee.
- *Cancellation on or after Friday, January 23:* Cancellation for a preconference event on or after Friday, January 23, 2026, is nonrefundable. Cancellation for any weekend conference day on or after Friday, January 23, 2026, is refunded 50%.

All requests for cancellations must be made in writing to winterfest@talbotdes.org. Any student that does not submit cancellation notice or attend their registered day(s) will be responsible for paying the full registration fee(s). Registration may be transferred to another individual at no extra cost. Notification must be made in writing to winterfest@talbotdes.org. Notification must be made before Friday, January 23, 2026.

Accommodations

Lodging is available at the Holiday Inn Express Easton, 8561 Ocean Gateway, Easton, MD 21601. Scan the QR code at right to access the Winterfest block rate of \$109/night + 4% Lodging Tax.



Weather Cancellation

The Winterfest EMS Conference Planning Committee will make a decision about cancellation of Winterfest EMS due to severe weather by Tuesday, January 27, 2026. Information will be posted to our Facebook page. Call Talbot County Dept. of Emergency Services at (410) 770-8161 for details. Written requests for full refunds will be accepted within 30 days of cancellation.

2026 REGISTRATION

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Other Phone: _____

*** Clinician Number: _____

Email (*required*): _____

Primary Affiliation: _____

Certification/Licensure (*circle*): EMR EMD EMT CRT PM LPN RN NP PA MD/DO

Pre-Conferences (*select only one*)

___ The S.T.A.B.L.E. Program (\$50)

___ Mobile Integrated Health (\$50)

Weekend Registration Fees

One-day Registration – \$100 (*select only one*)

Saturday Sunday

Two-day Registration – \$175 (*Saturday and Sunday*)

Saturday Afternoon Breakout Sessions (*circle one for each session*)

First Session: A B C D

Second Session: A B C D

Sunday Morning Breakout Sessions (*circle one for each session*)

First Session: A B C D

Second Session: A B C D

Pre-Conference Fees + Conference Fees = **TOTAL AMOUNT DUE:** _____

Make checks payable to Winterfest EMS. Reservations are due by **Friday, January 9, 2026**. Send check along with this form to Winterfest EMS, C/O Talbot Co. Department of Emergency Services, 28640 Mary's Court Suite 200, Easton, MD 21601. If payment is not readily available from the registrant's department, registration forms must be submitted with a letter of intent to pay on department letterhead.



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***** Credit hours applied for; Clinician Number is REQUIRED to receive continuing education credits *****